

# MATRIX MODEL TRAINING

A Two-Day Clinical Training  
on the Evidence-Based Outpatient Model that is changing  
methamphetamine and substance abuse treatment

1850 Sawtelle Blvd. Suite # 470  
Los Angeles, California 90025



For information call (800) 310-7700 or email [training@matrixinstitute.org](mailto:training@matrixinstitute.org)

## Matrix Model Training 2 Day Workshop

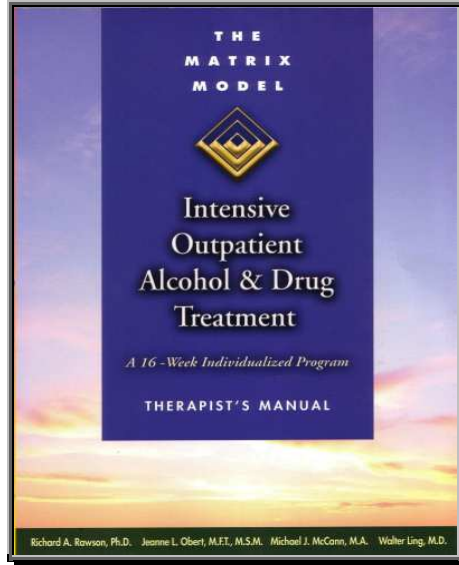
Matrix Institute on Addictions was established in 1984 to promote a greater understanding of addiction disorders and improve the quality and availability of substance treatment services.

The Matrix Institute is internationally recognized for its structured, outpatient treatment and research-supported elements. It is highlighted as an effective treatment model by the National Institute on Drug Abuse in the publication *Principles of Drug Addiction Treatment*.

The Matrix approach emphasizes the use of outpatient techniques. Treatments focus on lifestyle changes, training in relapse prevention, education about dependencies, and family involvement.

The two-day workshop includes a didactic overview of the Matrix Model and experiential exercises. There will be special emphasis on familiarizing the audience with the most recent findings regarding psychosocial interventions that have proven useful in treating Methamphetamine abusers.

To order Matrix Manuals  
visit  
[www.hazelden.org](http://www.hazelden.org)



## The Matrix Model: An Evidence-Based Intensive Outpatient Treatment Program for Alcohol and Drugs

### What it is

A proven effective protocol that has been used to treat thousands of cocaine and methamphetamine users.

### Why it works

The Model has been refined over a 20 year period. It is an easy-to-use manualized program that integrates cognitive behavioral therapy, contingency management, motivational interviewing, and other elements to give patients the skills and understanding they need to overcome addiction.

## Participants in this training will be able to:

- Describe the various elements that comprise the Matrix Model.
- Describe how the Matrix Model differs from other types of substance abuse and chemical dependency treatments.
- Describe the usefulness of the Matrix format of cognitive behavioral manualized treatment with difficult and complex populations, such as people with stimulant use disorders.
- Incorporate elements of the Matrix Model into existing treatment programs.

## Open Enrollment Training 2009-2010 Dates:

**NOV 2-3, 2009**

**JAN 25-26, 2010**

**MAR 22-23, 2010**

### TRAINING INFO:

**Time:** 9:00 am – 4:30 pm

**Cost:** \$500.00 (per person)

**Location:** Matrix Institute  
1849 Sawtelle Blvd. Suite 100  
West Los Angeles, CA 90025

**“Studies have now shown that a treatment program known as the Matrix Model can be used successfully for the treatment of Methamphetamine addiction.”** Nora Volkow, M.D., Director, National Institute on Drug Abuse  
testifying before the U.S. Senate Subcommittee on Labor, Education, and Health and Human Services, April 21, 2005

Registration form for:

**MATRIX INSTITUTE TRAININGS**  
**1850 Sawtelle Blvd. #470**  
**Los Angeles, CA 90025**  
**Attn: Marilyn Tolan**  
**OFFICE (310) 478-6006**  
**FAX: (310) 478-6117**

**Name:** \_\_\_\_\_ **Title** \_\_\_\_\_ **Company/Agency:** \_\_\_\_\_

*Address:* \_\_\_\_\_ *Phone:* \_\_\_\_\_

*City* \_\_\_\_\_ *State:* \_\_\_\_\_ *Zip:* \_\_\_\_\_ *Email:* \_\_\_\_\_

***Requested Training Dates:*** \_\_\_\_\_

***Method of Payment:*** (circle one) CHECK VISA MC

*Credit Card #:* \_\_\_\_\_ *Exp. Date* \_\_\_\_\_

*Card Holder Name:* \_\_\_\_\_ *Card Holder Signature:* \_\_\_\_\_

To reserve your training space please fax in Registration form. Limited training slots.  
Payment must be received prior to training date. Cancellations 15 days or less prior to training date will be charged full class fee.

**MATRIX OFFICES**

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|---------------|----------------|---|
| West L.A.     | (310) 478-8305 | 1849 Sawtelle Blvd., Suite 100, CA 90025                        |
| San Fernando  | (818) 226-6070 | 20350 Ventura Blvd., Suite 230, Woodland Hills, CA 91364        |
| Inland Empire | (909) 989-9724 | 11777 Sebastian Way, Suites 102 A-B, Rancho Cucamonga, CA 91730 |
| Los Angeles   | (323) 933-9186 | 5220 W. Washington Blvd., Suite 101, Los Angeles                |

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