



Matrix Model Certification Process

The Matrix Model Certification process is designed to identify those treatment programs that are implementing the Model with fidelity.

While there are many treatment programs using the Matrix manuals and indicating they are doing Matrix Model treatment, there is really no way for anyone looking for evidence-based treatment to know which programs are actually implementing the Matrix Model in the way it was designed to be delivered. The Matrix certification process provides assurance that the program is, in fact, delivering the treatment as it was designed.

The Matrix Institute on Addictions will provide certification to organizations that apply and meet the criteria. As part of this process, Matrix will also provide ongoing support, guidance and assistance in the effective implementation and utilization of the Matrix Model of Treatment. The goal is for the certified programs to form a supportive alliance where they can share information, innovations, support and encouragement for each other. This alliance of certified, evidence-based programs will also provide fertile opportunities for research and development in the continuing evolution of the Matrix Model of Outpatient Treatment.

Prerequisites for applying for Matrix Model Certification

Programs applying for certification must:

1. Have had a Matrix Model training for their staff.
2. Have a person trained as a Matrix Key Supervisor in a clinical leadership position and providing supervision to the counseling staff.
3. Have a Matrix program that has been running for a minimum of 6 months.

Process for obtaining a Matrix Model Certification

1. Client fills out Matrix Application forms and provides an outline/recap of current treatment program.
2. Completed application is submitted to Matrix to apply for certification. (Certifications are conducted on a per site basis.)
3. The site is approved for a certification visit and the Key Supervisor submits an audible tape of a well-conducted (in his/her opinion) Matrix Relapse Prevention Group along with an accompanying fidelity rating sheet completed by the Key Supervisor.
4. The tape is received by Matrix and a site visit is scheduled.
5. Site visit is conducted by a trained Matrix Certification Consultant.

During the site visit and immediately after

1. Matrix consultant visits client's site (1 day) to review and discuss the elements outlined on the Fidelity Instruments.
2. Key Supervisor and consultant meet with interested stakeholders (i.e., administrators, clients) to discuss the process of implementing the model at the site.
3. Consultant meets with Key Supervisor to review and discuss the fidelity of the previously submitted tape and to review the structural and minute-by-minute elements of the program.
4. Consultant requests any records and/or documentation necessary to gather data to assist in the certification process and to help the site with any implementation issues they may be having.
5. Consultant engages in discussions with the Key Supervisor and clinic administrators to review administrative and clinical procedures that involve the Matrix program, discuss issues unique to the site and perform other necessary assessments to assure compliance with both the structural and the minute-by-minute elements of the Matrix Fidelity Checklist.

Outcome of review

1. Consultant reports findings to the Matrix Institute and a determination is made regarding the awarding of a Certificate of Compliance or a Certificate of Excellence valid for 3 years.

Ongoing Support and Reporting for Matrix Certified Programs

1. Key supervisors send to Matrix copies of Client Summary Forms (one for each discharged client) at the beginning of each quarter (January, April, July and October). The Client Summary Form should be completed at the end of each client's treatment episode.
2. Monthly conference calls are scheduled with Key Supervisors from Certified Matrix programs.
3. Certified Matrix organizations are listed on the Matrix website.
4. Key Supervisors will be invited to attend events scheduled by the Matrix Institute specifically for the Matrix Key Supervisors.