

MATRIX

INSTITUTE ON ADDICTIONS

SUMMER

“Leader in Research Based Practices”

12304 Santa Monica Blvd., Suite 100, Los Angeles, California 90025
www.matrixinstitute.org (800) 310-7700

MATRIX TAKES ON METH

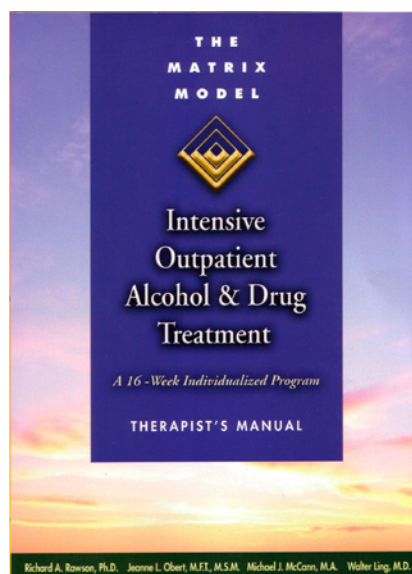
WASHINGTON, D.C. – April 21, 2005 – Testifying before the Senate Subcommittee on Labor, Education, and Health and Human Services, NIDA Director Nora Volkow stated, “Studies have now shown that a treatment program known as the Matrix Model can be used successfully for the treatment of Methamphetamine addiction. The Matrix Model was initially developed in the 1980s for treating cocaine addiction. It consists of a 16-week program that includes group and individual therapy and components that address relapse and how to prevent it, behavioral changes needed to remain off drugs, communication among family members, establishment of new environments unrelated to drugs, and other relevant topics.”

In recent years some government agencies have focused on containment over treatment, regarding methamphetamine as an “untreatable” drug, but according to Volkow, “when applied to Meth abusers, the Matrix Model has been shown to result in a high proportion of Meth-free urine samples at program completion and 6-month follow-up.”

“...The Matrix Model can be used successfully for the treatment of Methamphetamine addiction.”

Dr. Nora Volkow,
National Institute on Drug Abuse

The Matrix Model: An Evidence-Based Intensive Outpatient Treatment Program for Alcohol and Drugs



What it is

A proven effective protocol that has been used to treat thousands of cocaine and methamphetamine addicts.

Why it works

The Model has been refined over a 20 year period. It is an easy-to-use manualized program that integrates cognitive behavioral therapy, contingency management and motivational interviewing, giving patients the skills and knowledge they need to overcome addiction.

METH CLINICAL TRAIL

In the largest randomized methamphetamine clinical trial to date, “Matrix Model subjects attended more groups, stayed in treatment longer, provided more methamphetamine free urine samples during treatment, and had longer periods of methamphetamine abstinence.”¹

Matrix Summer Trainings & Presentations

Los Angeles, CA – June 14-15
 Boston, MA – June 20
 Portland, OR - June 21-22
 Port Angeles, WA – June 24-25
 Vincennes, IN – July 12
 Reno, NV – July 19
 Washington, D.C. – July 19
 Pocatello, ID – July 21-23
 Phoenix, AZ – Aug. 10-11
 St. Paul, MN – Aug. 10-12
 Los Angeles, CA – Aug. 24
 Farmington, NM – Aug. 25-26
 Coeur d'Alene, ID – Sep. 21-22

Los Angeles, CA-Oct. 11-12 Open Enrollment

Asheville, NC – Oct. 17-18
 Los Angeles, CA – Oct. 21
 Madison, WI – Oct. 27

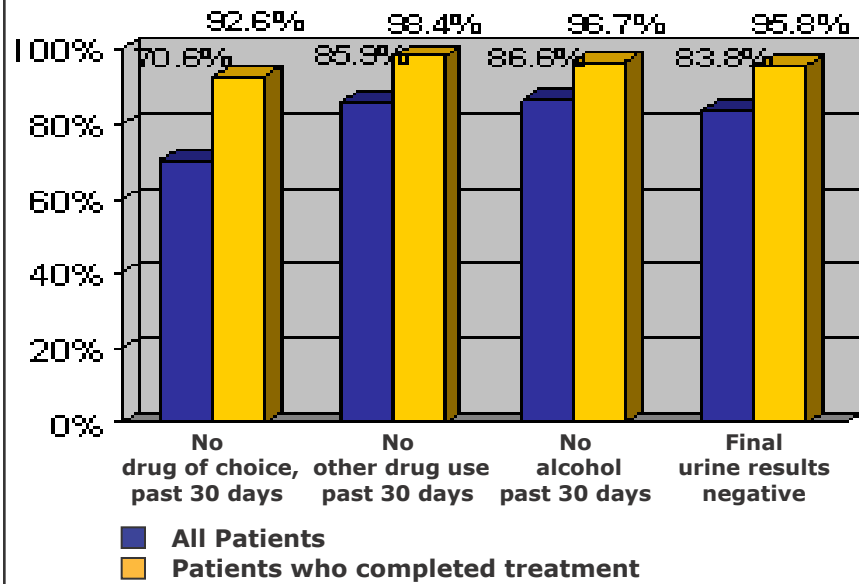
Sierra Tuscon- Matrix Professional Workshops 2005

Date	Speaker	Location
Sept. 9th	Elizabeth Cervio	Beverly Hills

For information call (800) 310-7700 or visit us at www.matrixinstitute.org

¹ A multi-site comparison of psychosocial approaches for the treatment of methamphetamine dependence. Rawson, et al. 2004.

Treatment Outcomes for Patients



Matrix 2004 Results

In 2004 patients who completed treatment at the Matrix clinics in Los Angeles, the Inland Empire, and the San Fernando Valley achieved a 92% average drug abstinence rate, based on mandatory urine testing during treatment.

For information on treatment
Please call

1 (800) 310-7700

www.matrixinstitute.org

Matrix Locations:

West L.A. (310) 207-432212304 Santa Monica Blvd., Suite 200, West Los Angeles, CA 90025

San Fernando (818) 654-2577.....19100 Ventura Blvd., Suite 5, Tarzana, CA 91356

Inland Empire (909) 989-9724.....9175 Archibald Ave., Suite 204, Rancho Cucamonga, CA 91730

Los Angeles (323) 933-9186.....5220 W. Washington Blvd., Suite 101, Los Angeles, CA 90016



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