



## **MEDIA ADVISORY**

### **Interview Source: Alcohol and Drug Abuse Treatment**

For more than 30 years, Matrix Institute on Addictions has been providing intensive alcohol and drug outpatient treatment in the Greater Los Angeles region. Its acclaimed Matrix Model of Intensive Outpatient Alcohol & Drug Treatment Program, which integrates cognitive behavioral therapy, contingency management, motivational interviewing, 12-step facilitation, family involvement and other elements to give patients the skills and understanding needed for ongoing recovery, is recognized globally as one of the most effective, evidence-based outpatient alcohol and substance abuse treatment programs.

Jeremy Martinez, M.D. (addiction psychiatrist) and Chief Executive Officer/Executive Director of Matrix Institute on Addictions, is available for interviews and expert commentary related to substance abuse and its treatment.

Dr. Martinez can offer keen insights into a wide array of related topics, including but not limited to:

- Prescription drug abuse – the new gateway to heroin addiction
- The epidemic of heroin overdose deaths
- Integrating “Medication Assisted Treatment” to combat drug and alcohol dependence
- Recognizing the signs of a substance abuse problem
- Addressing the devastating toll alcohol and drug misuse and abuse is taking among college and young adult populations
- Mental health disorders:
  - Schizophrenia
  - Bipolar Disorder
  - Depression
  - OCD, PTSD, and other Anxiety Disorders

To schedule an interview with Dr. Martinez, please call his office at (310) 478-6006, or contact Sandra Loden ([sandraloden@sbcglobal.net](mailto:sandraloden@sbcglobal.net)) at (310) 488-2676.

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